

ST. JOSEPH REGIONAL HIGH SCHOOL
2009 - 2010 VARSITY WRESTLING

<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Time</u>	<u>RESULTS</u>
Saturday, Dec. 19th	Nutley Tournament	Nutley	9:00 am	
Saturday, Dec. 19th	Pequannock Freshman	Pequannock	10:00 am	
Wednesday, Dec. 23rd	Tri (River Dell, Dumont)	River Dell	3:00 pm	
Tues & Wed, Dec. 29 & 30	BCCA Tournament	Rockland CC	TBD	
Sunday, Jan. 3rd	SJR Junior Tournament	HOME	9:00 am	
Wednesday, Jan. 6th	De Paul	AWAY	7:00 pm	
Friday, Jan. 8th	Old Tappan	HOME	7:00 pm	
Saturday, Jan. 9th	Tri (Bergen Cath, St. Peters)	Bergen Cath	10:00 am	
Wednesday, Jan. 13th	Wayne Valley	HOME	7:00 pm	
Friday, Jan. 15th	Cresskill	HOME	7:00 pm	
Saturday, Jan. 16th	Westwood & Piscataway	HOME	11:00 am	
Wednesday, Jan. 20th	West Milford	AWAY	7:00 pm	
Friday, Jan. 22nd	Passaic Valley	HOME	7:00 pm	
Saturday, Jan. 23rd	Quad (No. Hilnds, Fair Lawn, Caldwell)	No. Highlands	3:30 pm	
Wednesday, Jan. 27th	Lakeland	HOME	7:00 pm	
Saturday, Jan. 31st	Tri (Don Bosco, Jackson)	Don Bosco	1:00 pm	
Wednesday, Feb. 3rd	Wayne Hills	AWAY	7:00 pm	
Saturday, Feb. 6th	Tri (Lenape, Paramus)	Lenape Valley	10:00 am	
Saturday, Feb. 7th	Freshman Counties	Bergenfield	9:00 am	
Monday, Feb. 8th	Team Championship	If Qualified for States		
Wednesday, Feb. 10th	Team Championship			
Friday, Feb. 12th	Team Championship			
Saturday, Feb. 13th	Frosh & JV Tournament	No. Highlands	9:00 pm	
Sunday, Feb. 15th	Team Championship			
February 19th & 20th	Districts	River Dell		
February 23rd, 26th & 27th	Regions	Hackensack		
March 5th, 6th & 7th	States	Atlantic City		