

Saint Joseph Regional High School



**Making History,
Building Futures
Since 1962**

Welcome!

In September of 1962, the Xaverian Brothers opened the doors of Saint Joseph Regional and established a community built on four basic ideals: academic and athletic excellence, wide-ranging extracurricular opportunities, a firm commitment to service and social outreach and an unmistakable sense of family.



Though much has changed in the ensuing 52 years, that foundation remains, and the 7,000 faithful men who stand as our graduates can attest to its vitality.

Today, SJR continues to provide the same college-preparatory foundation that has been its hallmark, the same Christian values of faith and service and the same program of extracurricular activities that make the high school experience a well-rounded one for our students. Yet even as we celebrate this heritage, we continue to grow our academic program, improve our technology and facilities and support our teachers who are both engaging and genuinely concerned about the success of their students.

We welcome you to our school and hope that you will consider joining us as we continue the proud legacy that is Saint Joseph Regional High School.

Principal Barry Donnelly



SPEND A DAY AT SJR

The best way to get to know SJR is to participate in our KNIGHT FOR A DAY program, designed to provide an inside look at what it would be like to be a student here. Boys in grades 7 and 8 can spend a day with a current freshman, attend his classes and join him and his friends for a complimentary lunch. Prospective freshmen will also be introduced to administrators, teachers, guidance counselors, and, of course, our students. Throughout the day, they will have a chance to learn about the special legacy that staff, alumni and families have been building at SJR since 1962.





Founded: 1962

Motto: Vir Fidelis (The Faithful Man)

Affiliation: Xaverian Brothers, Marist Brothers

Owned By: Archdiocese of Newark

Accreditation: Middle States Association of
Colleges and Secondary Schools

Campus Size: 33 Acres

Alumni: 7,000

Student/Teacher Ratio: 12-to-1

Average Class Size: 23

Interscholastic Sports: 13

Mascot: Green Knight

Twitter: @SJRNews

Website: www.saintjosephregional.org



IMPORTANT DATES

OCTOBER 4	OPEN HOUSE, 11 A.M. - 2 P.M.
NOVEMBER 4	OPEN HOUSE, 6:30 P.M. - 9 P.M.
NOVEMBER 6	COOP ADMISSIONS EXAM
FEBRUARY 1	ACCEPTED STUDENTS NIGHT, 7 P.M. - 9 P.M.
FEBRUARY 6	REGISTRATION, 9 A.M. - NOON
MARCH 5	PLACEMENT TEST, 8:30 A.M. - NOON
APRIL 20	COMMUNITY NIGHT & PASTA DINNER, 5 P.M. - 8 P.M.
MAY 4	OPEN HOUSE, 6:30 P.M. - 9 P.M.
MAY 7	ORIENTATION PROGRAM, 10 A.M. - NOON
JUNE 28	ADVANCED STANDING TESTS, 9 A.M. - NOON

Academics

As a college preparatory high school that boasts a 100% college acceptance rate among its graduates, Saint Joseph Regional has earned a reputation for academic excellence.

Our curriculum develops well-rounded students who are challenged and engaged in their studies. There are three basic levels of study for each grade: college prep, accelerated and honors. In the junior and senior years, qualified students can earn college credit through Advanced Placement courses and an ongoing partnership with St. Peter's University in Jersey City.

SJR also participates in the Virtual High School (VHS) program, a distance learning consortium that enables students to take online classes in specialized courses. Typical offerings include American Foreign Policy, AP Economics, AP Environmental Science, Astronomy, Constitutional Law, Genes and Disease, Sociology, Meteorology and Oceanography, among many others.





Classes of 2014-2015

- College Acceptance Rate: 100%
- Scholarship Opportunities: \$40.5 million
- Average Scholarship Offer per student: \$163,000
- AP Scholars: 20 (2 with Honors, 1 with Distinction)
- National Merit Commended Students: 5

Members of the Classes of 2014-15 were accepted to Boston College, Boston University, Cornell, Duke, Fordham, Georgetown, Lafayette, Lehigh, Massachusetts Institute of Technology (MIT), New York University, University of North Carolina, University of Pennsylvania and Villanova, among 170 other colleges and universities.



ACADEMIC PROGRAM

ENGLISH	4 YEARS REQUIRED
MATHEMATICS	4 YEARS REQUIRED
THEOLOGY	4 YEARS REQUIRED
SOCIAL STUDIES	4 YEARS REQUIRED
SCIENCE	3 YEARS REQUIRED
WORLD LANGUAGE	2 YEARS REQUIRED
PHYSICAL EDUCATION	4 YEARS REQUIRED



Joe Malfa

Joe Malfa is ranked first in the Class of 2016, and truly exemplifies the SJR ideal of well-roundedness. He is a member of the National Honor Society, Editor-in-Chief of the *Guardian* newspaper, a member of the *Aegis* yearbook staff and the on-air “color man” for our sports broadcasts. He is also a member of the Chess Club, UNICO, the Campus Ministry program, the Ambassadors Club and the varsity soccer team. He was the 2015 recipient of the Holy Cross Book Award.

Technology

Digital literacy at Saint Joseph Regional embodies the standards for the 21st century learner. SJR considers its students to be producers, rather than consumers, of technology. We foster digital literacy that reaches beyond the multitude of technological devices available to us in our society. To fulfill this mission, SJR utilizes leading-edge technology that provides our students with the tools to achieve the utmost success in a global venue:

- The SJR Media Center features 38 desktop computers available to students before and after school, during study hall or during faculty bookings to augment curriculum, foster research and encourage collaboration
- The Media Center also includes the WSJR television studio, the MSG Varsity Video Editing room, the Richard Shust Writing lab and conference room for discussion and meetings
- SJR students utilize subscription-based Web 2.0 websites that allow them to store projects on the Internet, including podcasts, wikis and blogs
- Password-protected and content-filtered wireless Internet access is provided for students using their laptops or tablet devices on the SJR campus
- The school's computer lab was upgraded with 35 new computers in the summer of 2013
- Google Chromebook Technology
 - All members of the Class of 2020 will have their own Chromebooks for use throughout the school day
 - Chromebook carts, each equipped with 30 devices, are available to teachers for daily classroom use with all other grade levels



SJR *facilities*facts

- The SJR Media Center is a state-of-the-art research and technology facility with digital databases and a fully equipped television studio and editing room
- The Virtual High School allows students to take selected courses online through a consortium sanctioned by the US Department of Education
- The Inserra Theater boasts seating for 425 in a fully air-conditioned facility with a newly renovated state-of-the-art sound and lighting system
- The SJR Fieldhouse features a weight room, outfitted in 2013 with brand-new nautilus stations, treadmills, free weights and other equipment
- The school's roof has one of the area's largest solar panel arrays
- The gymnasium locker room complex was completely rebuilt and renovated in 2012
- Dinallo Stadium features an all-weather turf field, track and fencing, upgraded in 2013
- A brand new biology lab was constructed in 2014, and a second biology lab and new STEM/Physics lab were added in 2015
- All new fiber-optic cable, new switches and additional access points were added in the summer of 2015 to support SJR's one-to-one Chromebook program



CHRIS PALDINO

Chris Paldino of the Class of 2016 certainly understands the importance of being an active member of his school community. Chris is a veteran member of the Knights Ambassadors Club, which serves SJR at open houses, orientation programs and a variety of school functions. He is also a member of the tennis team, Programming Club, Chess Club, Campus Ministry program, Bio-Chem Club, Robotics Club and is President of the French Club.

Chris was also the recipient of the Xerox Award for Innovation and Information Technology, presented to a top senior.

Ministry and Service

Education at Saint Joseph Regional is built around developing a deeper faith in God and emphasizes Catholic values. Supported by the Marist Brothers and local parishes, SJR's campus ministry program includes prayer services, weekly masses, monthly school-wide liturgies, in-school retreats, leadership workshops and reconciliation services. The program also supports a wide range of monthly charitable initiatives throughout the school year.

By the end of junior year, all students are required to complete 50 hours of community service, though most surpass this requirement either in service to the school or by volunteering their time in their local communities. Some five dozen students and graduates volunteer a week of their summer at the Marist Summer Camps for the disabled and disadvantaged, and in 2014, Saint Joseph Regional High School became the first high school in the United States to host its own UNICO chapter ("Service Before Self").



LITURGICAL CALENDAR

SEPTEMBER 17	MASS OF THE HOLY SPIRIT
OCTOBER 27	CELEBRATING SERVICE LITURGY
NOVEMBER 2	MEMORIAL MASS FOR DECEASED FACULTY AND ALUMNI
NOVEMBER 25	THANKSGIVING MASS
DECEMBER 8	FEAST OF THE IMMACULATE CONCEPTION
DECEMBER 23	ADVENT LITURGY
JANUARY 26	CATHOLIC SCHOOLS WEEK MASS
FEBRUARY 10	ASH WEDNESDAY LITURGY
MARCH 18	FEAST OF ST. JOSEPH LITURGY
MARCH 24	Easter Prayer Service
MAY 5	Ascension Thursday Mass
JUNE 4	Baccalaureate Mass



servicefacts

- Two-time winner of the New Jersey Governor's Jefferson Award for Service to Youth
- Only high school UNICO Service Chapter in the United States
- Adopt-A-Grammar-School partnership with Saint Peter's School in Belleville, N.J.
- Raised more than \$24,000 in sleep-out supporting homeless teens of Covenant House
- Active Faithful Citizenship Club participates in annual Right to Life March in Washington D.C.
- Weekly Adopt-A-Grandparent program with four local nursing homes
- Three Marist Encounter Retreat Opportunities and two Leadership Retreats available
- Year level in-school retreats throughout the academic year
- Monthly charitable outreach supporting Paramus Veteran's Home, St. Cecilia's Office of Concern, Relay for Life and Archdiocese of Newark Shelters
- Nearly 60 students, faculty and alumni volunteer a week of service to the Marist Summer Camp programs serving disabled and disadvantaged young people and adults



CALVIN MASELLA

Senior Calvin Masella has involved himself in every aspect of school life (baseball, cross-country, track, mock trial, SJR Band, theater, chorus and UNICO), but his commitment to campus ministry has been the foundation of his SJR experience. He has participated in every retreat opportunity available to him since freshman year and has himself served as a retreat leader for new SJR students and as a camp counselor for Marist summer programs for disabled and disadvantaged youth. Calvin was the recipient of the 2015 George Washington University Book Award.

Athletics

The Green Knights athletic program is built on the fundamentals of hard work, self-discipline and good sportsmanship. Winning is important, of course (football, hockey, wrestling, basketball, lacrosse and baseball were ranked among the top 10 teams in North Jersey), but developing the personal qualities of integrity, commitment and teamwork are an essential part of any student's high school experience.

Playing sports is a privilege at St. Joe's, and all student-athletes are required to maintain high levels of academic success before they can represent the school on the field. SJR has earned a reputation for fielding teams of the highest caliber, year after year, and has had considerable success in seeing its student-athletes earn scholarships and continue their careers in college (76 former Green Knights are currently playing in the NCAA).

Among our alumni, SJR boasts several professional athletes as well, notably current NFL defensive backs Devin and Jason McCourty '05 (New England Patriots, Tennessee Titans). Rob Kaminsky '13 was drafted in the first round of the MLB draft by the St. Louis Cardinals, and Tom La Stella '07 plays second base for the Chicago Cubs.



ATHLETIC OPPORTUNITIES

FOOTBALL	FRESHMAN, JV & VARSITY
SOCCER	FRESHMAN, JV & VARSITY
CROSS COUNTRY	FRESHMAN, JV & VARSITY
BASKETBALL	FRESHMAN, JV & VARSITY
BOWLING	JV & VARSITY
ICE HOCKEY	JV & VARSITY
INDOOR TRACK	FRESHMAN, JV & VARSITY
WRESTLING	JV & VARSITY
BASEBALL	FRESHMAN, JV & VARSITY
GOLF	JV & VARSITY
LACROSSE	FRESHMAN, JV & VARSITY
SPRING TRACK	FRESHMAN, JV & VARSITY
TENNIS	JV & VARSITY



SJR athleticfacts

- The 2014 football team captured the League Championship, while both the 2013 and 2012 squads captured state titles and finished the season ranked first in New Jersey
- The wrestling team has won the District 8 Championship for five consecutive years
- The football (#7), basketball (#19), hockey (#19), and baseball (#11) teams all finished their seasons ranked among the state's Top 20 in 2014-2015
- The 2014 baseball team went 22-4 enroute to a state sectional title
- 2015 4 x 100m Relay New Jersey State Champions (Track)
- Under Armour All-American: Tommy Hatton (Football)
- *The Record* Athlete of the Week: Devin Ortiz (Baseball)
- 2014 Big North United Division "Player of the Year": Patrick Doherty (Soccer)
- Curcio Conference "Player of the Year" (2014, 2015): John Thomas Giles-Harris (Lacrosse)



JOHN THOMAS GILES-HARRIS

Although John Thomas Giles-Harris was just a sophomore when he accepted Duke University's scholarship offer to play lacrosse for its national powerhouse program, that didn't stop him from continuing to make an impact in other areas of the school. JT continues to be one of the top performers for the SJR football team, where he has been a three-year varsity starter, as well as the Green Knights basketball team, where he is a two-time varsity letter winner. In addition, JT has worked with the school's student ambassador program, serving as an Open House volunteer and as a summer camp counselor. Upon graduation from SJR, John Thomas will join older brother Joe (SJR Class of 2015) at Duke, where Joe plays football for the Blue Devils.

Performing Arts

An essential part of the Xaverian vision for SJR was the development of well-rounded students. Today, one of the ways in which the school develops the gifts and talents of its students is through its performing arts program.

The musical theater program at SJR has been nationally recognized by *USA Today*; it is also considered to be one of the premier high school programs in the area. More than 100 SJR students are involved in our school musical and/or play, either as part of the cast, stage crew or production team. Recent productions have included *Dirty Rotten Scoundrels*, *Fiddler on the Roof*, *Miss Saigon*, *Noises Off*, *Brighton Beach Memoirs* and *You Can't Take It With You*. Many roles are double-cast so that more student-performers have an opportunity to shine. Each year, the musical is performed 12 times; the school play, six.

Saint Joe's is also home to a remarkable school chorus and band, both of which are showcased at our annual Christmas Concert and Cabaret Night. The band also plays at our annual Fashion Show, and the chorus lends its voice to all our liturgical celebrations. Last year, the chorus was invited to accompany the Cross Border Orchestra of Ireland in Carnegie Hall.



PERFORMING ARTS SCHEDULE

NOVEMBER 13-15	GRAMMAR SCHOOL MUSICAL (<i>ANNIE</i>)
NOVEMBER 28	NEIL BERG'S <i>PIANO MAN</i>
DECEMBER 18	SJR CHORUS AND BAND CHRISTMAS CONCERT
JANUARY 22-24	SCHOOL MUSICAL
JANUARY 28-30	SCHOOL MUSICAL
APRIL 15-16	SCHOOL PLAY
APRIL 22-23	SCHOOL PLAY
MAY 13	CABARET NIGHT



- Seven-time nominee (and five-time winner) of Papermill Playhouse Educational Impact Award
- Three 2015 Papermill Playhouse Rising Star nominations for *Miss Saigon*
- 2015 Rising Star Award for Best Lead Actor (Nick Berninger for *Miss Saigon*)
- Seven-time nominee (and three-time winner) of Montclair State High School Theater Award for Best Comedy/Drama
- Eleven Montclair State H.S. Theater nominations for the school's 2014 production of *Brighton Beach Memoirs*
- Montclair State H.S. Theater Awards for Best Actress (Chloe Troast) and Best Supporting Actress (Victoria Duffy) for *Brighton Beach Memoirs*
- Two-time winner of Metropolitan Theater Award for Best High School Musical
- Six Metropolitan Theater Award nominations for *Miss Saigon*
- 2008 *USA Today* High School Showstopper (*West Side Story*)
- In 2012, the SJR chorus was selected to perform at the Cathedral Basilica in Newark
- In 2014, the chorus was invited to perform in Carnegie Hall, New York with the Cross Border Orchestra of Ireland



NICK BERNINGER & CHRIS CHEESEMAN

Seniors Nick Berninger (left) and Chris Cheeseman are truly “rising stars” in the SJR Performing Arts Program, as both have shared lead roles in all six of our theatrical productions for the past three years. Both are outstanding students and members of the National Honor Society. Nick was the 2015 recipient of the Papermill Playhouse Rising Star Award for Best Actor in *Miss Saigon*. Chris, who is ranked second in the senior class, is also a National Merit Commended Student and the recipient of the 2015 Bausch and Lomb Science Medal.

Activities

An essential part of the Xaverian vision for St. Joseph Regional was the development of well-rounded students. Today, through a diverse program of activities, students grow into versatile, cultured men of the world.

SJR provides a variety of clubs and activities to cater to a wide range of student interests. Among the nearly 30 offerings are *Aegis* (our award-winning yearbook), the Art Club, Chess Club, Programming Club, Ecology Club, *The Guardian* (our biweekly newspaper), the Italian Club/UNICO chapter, the Mock Trial team, French and Spanish Clubs (International Night), the Faithful Citizenship Club, the Bio-Chem Club, the Knights Ambassadors, the Robotics Club (which earned six different championships in competitions throughout the 2014-15 school year), WSJR Television and, of course, the various committees of the Student Government.



SJR *activitiesfacts*

- Mock Trial Team advanced to Bergen County Semi-finals (2011 and 2012)
- Ecology Club cited for Environmental Awareness with N.J. Governor's Jefferson Award
- 2014-15 Robotics team
 - Two Tournament Competition titles
 - One Excellence in Tournament Award
 - One Robot Skills Champion Award
- Chris Presti '15 selected for the NASA Marshall Space Flight Center Summer program
- *Aegis* Yearbook multiple-year winner of American Scholastic Press Association citation
- *Guardian* Newspaper publishes 16 biweekly editions each year



DONNY CUTTONE

Student Council President and National Honor Society member Donny Cuttone epitomizes the quality of leadership. He is also an SJR Ambassador as well as a member of the Spanish Club, *Guardian* newspaper staff and stage crew and a varsity starter on both the hockey and lacrosse teams. He was selected as captain of his travel hockey team. He served as Group Leader in 2013-14 in the Youth Leadership Academy and Platoon Leader/Instructor at the Junior Police Academy in Mahwah. Not surprisingly, Donny was also the 2015 recipient of the George Eastman Young Leaders Award.



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