

Saint Joseph Regional High School



Making History,
Building Futures
Since 1962

Welcome!

In September of 1962, the Xaverian Brothers opened the doors of Saint Joseph Regional High School and established a community built on four basic ideals: academic and athletic excellence, wide-ranging extracurricular opportunities, a firm commitment to service and social outreach, and an unmistakable sense of family.



Though much has changed in the ensuing 54 years, that foundation remains, and the more than 7,300 faithful men who represent us as graduates can attest to its vitality.

Today, St. Joe's continues to provide the same college-preparatory foundation that has been its hallmark, the same Catholic values of faith and service, and the same program of extracurricular offerings that make the high school experience a well-rounded one for our students. Yet even as we celebrate this heritage, we continue to grow our academic program, improve our technology and facilities and support our teachers, who are both engaging and genuinely concerned about the success of their students.

We welcome you to our school and hope that you will consider joining us as we continue the proud legacy that is Saint Joseph Regional High School.

Barry Donnelly '71
President



SPEND A DAY AT SJR

The best way to get to know SJR is to participate in our KNIGHT FOR A DAY program, designed to provide an inside look at what it would be like to be a student here. Boys in grades 7 and 8 can spend a day with a current freshman, attend his classes and join him and his friends for a complimentary lunch. Prospective freshmen will also be introduced to administrators, teachers, guidance counselors, and, of course, our students. Throughout the day, they will have a chance to learn about the special legacy that staff, alumni and families have been building at SJR since 1962.



quickfacts

Founded: 1962

Motto: *Vir Fidelis-The Faithful Man*

Affiliation: Xaverian Brothers, Marist Brothers

Owned By: Archdiocese of Newark

Accreditation: Middle States Association of
Colleges and Secondary Schools

Campus Size: 33 Acres

Alumni: 7,300

Student/Teacher Ratio: 12-to-1

Average Class Size: 23

Interscholastic Sports: 13

Mascot: Green Knight

Twitter: @SJRNews

Website: sjrnj.org



IMPORTANT DATES

OCTOBER 2	OPEN HOUSE, 11 A.M. - 2 P.M.
NOVEMBER 2	OPEN HOUSE, 6:30 P.M. - 9 P.M.
NOVEMBER 11	COOP ADMISSIONS EXAM
JANUARY 30	ACCEPTED STUDENTS NIGHT, 7 P.M. - 9 P.M.
FEBRUARY 4	REGISTRATION, 9 A.M. - NOON
MARCH 4	PLACEMENT TEST, 8:30 A.M. - NOON
APRIL 11	COMMUNITY NIGHT & PASTA DINNER, 5 P.M. - 8 P.M.
MAY 3	OPEN HOUSE, 6:30 P.M. - 9 P.M.
MAY 13	ORIENTATION PROGRAM, 10 A.M. - NOON
JUNE 27	ADVANCED STANDING TESTS, 9 A.M. - NOON

Academics

As a college preparatory high school that boasts a 100% college acceptance rate among its graduates, Saint Joseph Regional High School has justly earned its reputation for academic excellence.

Our program of studies, with its three academic level (college prep, accelerated and honors), challenges and encourages students in their academic work. In the junior and senior years, qualified students can earn college credit through Advanced Placement courses and an ongoing partnership with St. Peter's University in Jersey City.

There is a Learning Center program for students with learning differences.

St. Joe's also participates in the Virtual High School (VHS) program, a distance learning consortium that enables students to take on-line courses for credit in specialized subject areas.

There is also a corporate internship program that provides qualified students with the opportunity to complete internships with local businesses during the second semester of their senior year.





academic facts

Classes of 2015-2016

- College Acceptance Rate: 100%
- Scholarship Opportunities: \$43 million
- Average Scholarship Offers per student: \$186,000
- Percentage of Students Receiving Scholarship Offers: 84%
- AP Scholars: 24 (2 with Honors)
- National Merit Commended Students: 5

Members of the Classes of 2015-2016 were accepted to Boston College, Boston University, Clemson, College of the Holy Cross, Cornell, Duke, Fordham, Georgetown, Lafayette, Lehigh, NYU, Ohio State, MIT, Purdue, University of North Carolina, University of Pennsylvania, Vassar, Wesleyan and Villanova among other colleges and universities.



ACADEMIC PROGRAM

ENGLISH	4 YEARS REQUIRED
MATHEMATICS	4 YEARS REQUIRED
THEOLOGY	4 YEARS REQUIRED
SOCIAL STUDIES	4 YEARS REQUIRED
SCIENCE	4 YEARS REQUIRED
WORLD LANGUAGE	2 YEARS REQUIRED
PHYSICAL EDUCATION	4 YEARS REQUIRED

Colin Medwick



Senior Colin Medwick epitomizes the term “well rounded.” Ranked third in his class, Colin is the Student Council President. Athletically, he is one of the captains of the varsity soccer team. He is also President of the Knights Ambassadors, Co-Editor-in-Chief of *The Guardian* newspaper, Co-Founder of the political debate club, and a member of the WSJR television station and Academic Jeopardy team. And during the summer, he volunteers his time in service to the Sacred Heart Camp at the Marist Retreat House in Esopus, New York.

Technology

Digital literacy at Saint Joseph Regional High School embraces the standards of the 21st century learner. We encourage our students to be producers, rather than simply consumers, of technology, and in that process, to learn how to think critically and problem solve.

Our school's Media Center features 38 desktop computers available to faculty for special student projects, research and virtual science experiments, and to students before and after school, as well as during study periods.

The Media Center also includes the WSJR television studio, the MSG Varsity Video Editing room, the Richard Shust Writing lab, the *AEGIS* and *Guardian* publication suite, the Virtual High School center and a state-of-the-art conference room for meetings and presentations.

Saint Joseph Regional also has a Computer Lab used for core technology instruction that features 35 student work stations.

As the 2016-17 school year begins, all freshmen and sophomores will have their own Chromebooks for use throughout the school day and at home, and within two years, all students will be outfitted with Chromebooks for daily work, digital classroom collaboration and access to e-textbooks. Password-protected and content-filtered wireless internet access is provided for all students on campus. Content management software helps to keep students on task and protect them from Internet distractions and misinformation while providing teachers with the analytics needed to formatively adjust classroom activities and plan future lessons.



SJR STEAMfacts

In 2016-17, SJR will introduce a formal STEAM (Science, Technology, Engineering, Art and Math) program throughout its program of study. Key components will include

- A new full-year “Principles of Engineering” elective, available to juniors and seniors
- A revamped technology curriculum for freshmen and sophomores that incorporates a sequence of lesson plans (in computers, electronics and robotics) developed through a partnership with Stevens Institute of Technology
- A new arts-integrated curriculum
- The incorporation of interactive STEM lesson plans into current math and science courses to engage students and increase understanding through project-based learning
- The introduction of 3D printers in the classroom across subject areas
- The opportunity to explore technology further in extracurricular activities, including the Robotics Club, the 3D Printing Club and a MakerSpace area in the Media Center



NICHOLAS TAUKEN

Nicholas Tauken was the 2016 recipient of the Xerox Award for Innovation and Information Technology. Ranked fourth in his class, Nick was identified as the Most Outstanding Student in every one of his classes at the 2015 Academic Awards Convocation. He is also a varsity hockey player, a member of the SJR band, where he plays first saxophone, a Marist retreat leader, Esopus summer camp volunteer and a participant in the 2016 Relay for Life.

Ministry and Service

Education at Saint Joseph Regional is built around developing a deeper faith in God and emphasizing Catholic social teachings. Supported by the Marist Brothers and local parishes, SJR's campus ministry program includes prayer services, weekly masses, monthly school-wide liturgies, in-school retreats and leadership workshops. The program also supports a wide range of monthly charitable initiatives throughout the school year.

By the end of junior year, all students are required to complete 50 hours of community service, though most surpass this requirement either in service to the school or by volunteering their time in their local communities. Some five dozen students and graduates volunteer a week of their summer at the Marist Summer Camps for the disabled and disadvantaged, and in 2014, Saint Joseph Regional High School became the first high school in the United States to host its own UNICO chapter ("Service Before Self").



LITURGICAL CALENDAR

SEPTEMBER 22	MASS OF THE HOLY SPIRIT
OCTOBER 13	CELEBRATING SERVICE LITURGY
NOVEMBER 1	ALL SAINTS' DAY
NOVEMBER 23	THANKSGIVING MASS
DECEMBER 8	FEAST OF THE IMMACULATE CONCEPTION
DECEMBER 22	CHRISTMAS PRAYER SERVICE
FEBRUARY 2	CATHOLIC SCHOOLS WEEK LITURGY
MARCH 1	ASH WEDNESDAY MASS
MARCH 9	HONOR SOCIETY INDUCTION LITURGY
MARCH 17	ST. PATRICK/ST. JOSEPH MASS
MARCH 23	JUNIOR RING MASS
APRIL 13	STATIONS OF THE CROSS
MAY 25	ASCENSION THURSDAY
JUNE 3	BACCALAUREATE MASS





SJR *servicefacts*

- Two-time winner of the New Jersey Governor's Jefferson Award for Service to Youth
- Only high school UNICO Service Chapter in the United States
- Weekly Adopt-A-Grandparent outreach to area nursing homes
- Year-level retreat programs, in school and at the Marist Retreat House, Esopus, New York
- 2015 Covenant House Solidarity Sleepout (raised more than \$38,000 for homeless teens)
- 2016 Winter Service Trip to Nazareth Farms, West Virginia
- 2016 Young Neighbors in Action Service trip to Boston, Massachusetts
- Monthly charitable outreach in support of the Paramus Veteran's Home, St. Cecilia's Office of Concern, Archdiocese of Newark Homeless Shelters, Relay for Life and Special Olympics
- Nearly 60 students, faculty and alumni volunteer a week of service to the Marist Summer Camp programs serving disabled and disadvantaged young people and adults



CONOR McCABE

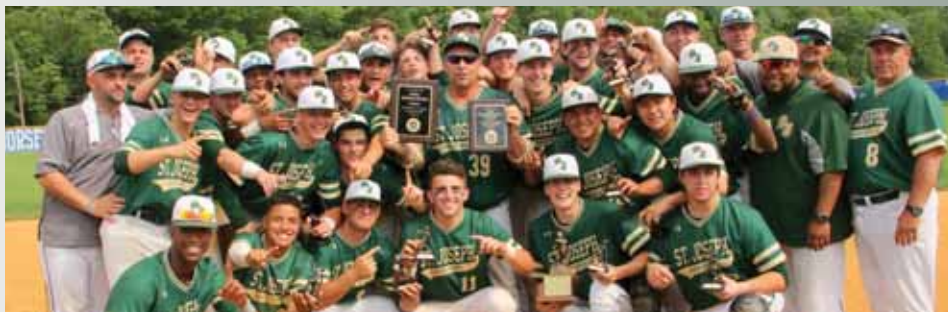
Senior Conor McCabe is a member of the National Honor Society who has excelled in community service activities. He has been a retreat leader for our Esopus Retreat program and, in February of 2016, participated in a week-long service trip to Nazareth Farms, West Virginia. He is an altar server and a member of SJR's Adopt-a-Grandparent program, as well as a four-year Student Council representative and the Vice-President of the Respect Life Club. This top-ranked senior (#6 in his class), was also the recipient of the Elliot Engle Congressional Leadership Award in 2012 and the St. Michael's Scholarship and Service Book Award in 2016.

Athletics

The Green Knights athletic program is built on the fundamentals of hard work, self-discipline and good sportsmanship. Winning is important, of course—four of our teams were ranked among the top 12 in all of New Jersey last year, including football (3rd), hockey (12th), basketball (10th) and baseball (2nd)—but developing the personal qualities of integrity, commitment and teamwork are an essential part of any student's high school experience.

Playing sports is a privilege at St. Joe's, and all student-athletes are required to maintain high levels of academic success before they can represent the school on the field. SJR has earned a reputation for fielding teams of the highest caliber, year after year, and has had considerable success in seeing its student-athletes earn scholarships and continue their careers in college. More than five dozen former Green Knights are currently playing in the NCAA.

Among our alumni, SJR boasts several professional athletes as well, notably current NFL defensive backs Devin and Jason McCourty '05 (New England Patriots, Tennessee Titans). Rob Kaminsky '13 was drafted in the first round of the MLB draft by the St. Louis Cardinals, and Tom La Stella '07 plays second base for the Chicago Cubs.



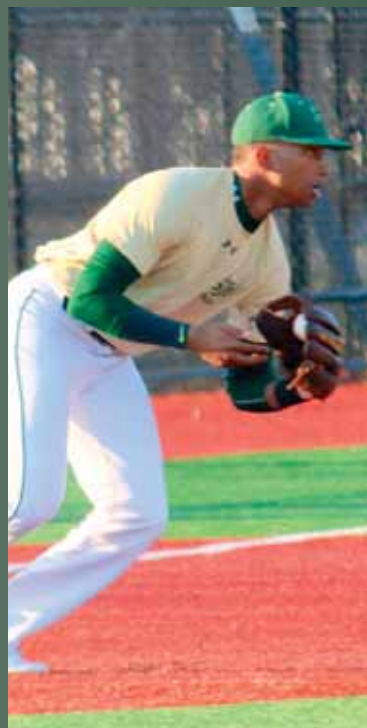
ATHLETIC OPPORTUNITIES

FOOTBALL	FRESHMAN, JV & VARSITY
SOCCER	FRESHMAN, JV & VARSITY
CROSS COUNTRY	FRESHMAN, JV & VARSITY
BASKETBALL	FRESHMAN, JV & VARSITY
BOWLING	JV & VARSITY
ICE HOCKEY	JV & VARSITY
INDOOR TRACK	FRESHMAN, JV & VARSITY
WRESTLING	JV & VARSITY
BASEBALL	FRESHMAN, JV & VARSITY
GOLF	JV & VARSITY
LACROSSE	FRESHMAN, JV & VARSITY
SPRING TRACK	FRESHMAN, JV & VARSITY
TENNIS	JV & VARSITY



SJR *athletic facts*

- Football: Two-time defending Big North United League Champions (2014-2015); Back to back #1 team in New Jersey (2012-2013)
- Basketball: Bergen County Jamboree Champions (2016); Big North Conference Co-Players of the Year and BCCA Coach of the Year
- Wrestling: Five consecutive District 8 Championships (2011-2015)
- Hockey: Big North League Champions and Coach of the Year (2016)
- Baseball: Bergen County Champions/Big North League Champions, Big North Division Coach of the Year and 15U Player of the Year for USA Baseball (2016)
- Five *Bergen Record* “Athletes of the Week” in 2015-2016
- Lacrosse: Under Armour All-American Player (2016)



JUSTYN HENRY-MALLOY

Junior Justyn Henry-Malloy received national recognition following his freshman year, when he was named the 15U “Player of the Year” by USA Baseball for 2015. As a member of the league and county champion Green Knights baseball team in 2016, Justyn was selected as a Big North United First Team All-Star as a sophomore. A strong academic student, Justyn was also a member of the SJR basketball program and was recognized for his social outreach service to the Campus Ministry program.

Performing Arts

An essential part of the Xaverian vision for SJR was the development of well-rounded students. Today, one of the ways in which the school develops the gifts and talents of its students is through its performing arts program.

The musical theater program at SJR has been nationally recognized by *USA Today*; it is also considered to be one of the premier high school programs in the area. More than 100 SJR students are involved in our school musical and/or play, either as part of the cast, stage crew or production team. Recent productions have included *Dirty Rotten Scoundrels*, *Fiddler on the Roof*, *Miss Saigon*, *Urinetown: The Musical*, *Noises Off*, *Brighton Beach Memoirs*, *You Can't Take It With You* and *Ordinary People*. Many roles are double-cast so that more student-performers have an opportunity to shine. Each year, the musical is performed 12 times; the school play, six.

Saint Joe's is also home to a remarkable school chorus and band, both of which are showcased at our annual Christmas Concert and Cabaret Night. The band also plays at our annual Fashion Show, and the chorus lends its voice to all our liturgical celebrations.



PERFORMING ARTS SCHEDULE

NOVEMBER 18-20	GRAMMAR SCHOOL MUSICAL (<i>LEGALLY BLONDE</i>)
NOVEMBER 26	NIGHT OF BROADWAY STARS, 7 P.M.
DECEMBER 16	CHRISTMAS CONCERT, 7 P.M.
JANUARY 27-79	<i>WEST SIDE STORY</i>
FEBRUARY 2-4	<i>WEST SIDE STORY</i>
APRIL 28-29	SCHOOL PLAY
MAY 5-6	SCHOOL PLAY
MAY 18	CABARET NIGHT, 7 P.M.

- Winner of Paper Mill Playhouse Educational Impact Award for *Urinetown: The Musical* (2016)
- Winner of Montclair State Theater Award as Best H.S. Comedy in New Jersey for *You Can't Take it With You* (2016)
- Eight-time nominee (and four-time winner) of Montclair State High School Theater Award for Best Comedy/Drama
- Six Metropolitan Theater Award nominations for *Urinetown: The Musical*
- Seven Montclair University H.S. Theater Award nominations for *You Can't Take It With You*
- In 2008, *USA Today* named SJR's Production of *West Side Story* as one of five "High School Showstoppers"
- In 2012, the SJR Chorus was selected to perform at the Cathedral Basilica in Newark
- In 2014, the SJR Chorus was invited to perform at Carnegie Hall with the Cross Border Orchestra of Ireland



JAMES ZITELLI

Junior James Zitelli is probably best known for his starring roles in SJR's theatrical productions, including *Miss Saigon*, *You Can't Take It With You*, *Urinetown: The Musical* and *Ordinary People*. He has also performed at the SJR Fashion Show and at "A Night of Future Broadway Stars" to benefit Covenant House. But James is also a member of the varsity football team and is ranked eighth in his class, having made Principal's List (every grade a 92 or better) in every marking period for two years.

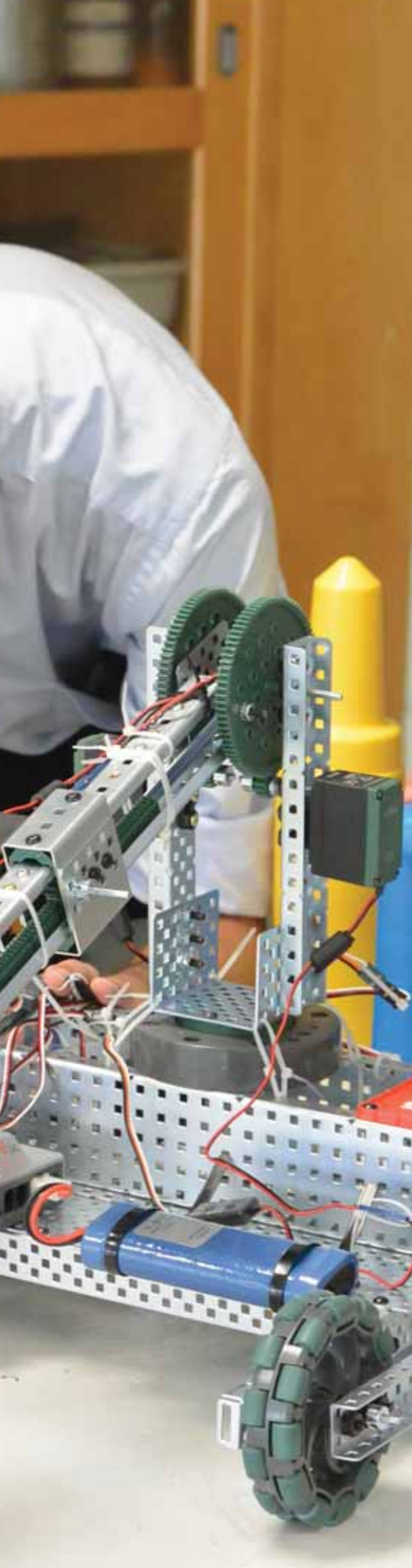
Activities

SJR provides a variety of clubs and activities to cater to a wide range of student interests. A number of activities and events are planned and directed by the Student Council and its committees. Besides the performing arts program, there are nearly 30 extracurricular offerings including the *AEGIS* yearbook, the *Guardian* school newspaper, the Academic Jeopardy team, the 3D Printing Club, the Art Club, the Bio-Chem Club, the Chess Club, the Ecology Club, the French Club, the Gaming Club, the Knights Ambassadors Club, the Mock Trial team, the Ping-Pong Club, the Respect Life Club, the Robotics Club, the Spanish Club, the Stock Market Club, the Teenaged Republicans Club and the WSJR television staff. SJR is also host to the only high school UNICO chapter in the United States, has an active “Adopt-A-Grandparent” program and a fall intramural program.



SJR activitiesfacts

- The SJR school newspaper, *The Guardian*, was named one of the top 20 high school newspapers in the United States by the American Scholastic Press Association
- The Ecology Club has been the recipient of the Bergen County Utilities Authority grant in each of the past six years; the organization was recognized for Environmental Awareness by the New Jersey Governor's Jefferson Awards program
- The 2015 Academic Jeopardy team advanced to round 16 in the 2015 NorJAC competition in which more than 40 high school teams competed
- *AEGIS*, the SJR yearbook, has been recognized for journalistic excellence in each of the past six years by the American Scholastic Press Association



ANTHONY D'APOLITO

Besides being a three-sport (football, basketball and track) athlete and an exceptional student (ranked among the top 20% of his class), senior Anthony D'Apolito has distinguished himself as a student leader. He has served as an in-school retreat leader through his four years and is a Green Knights Ambassador, an officer in the UNICO Aces Chapter, and a Big Brother. He is also Vice-President of the senior class, represented the school at the Marist Youth Leadership Conference, participated in the Rebuilding Together North Jersey Service program and received the Dwight D. Eisenhower Leadership Award from West Point in 2016.



Saint Joseph Regional High School

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