

The Saint Joseph Regional High School Parents' Guild
Presents

Alumni in Recovery



The Inserra Theater
Wednesday, November 8, 2017
7:30 p.m. - 8:30 p.m.

Alumni in Recovery is a non-profit organization whose mission is to share its members' stories of addiction and recovery with middle and high school students and their parents. Its goal is to end the stigma surrounding the disease of addiction, and to encourage young people to come forward and seek help if they need it.

People don't always understand why or how others become addicted to drugs. They may mistakenly think that those who become addicted lack moral principles or the will power to stop. Addiction affects all socio-economic groups; it plagues the lives of young and old, rich and poor, men and women and people of every ethnic group. While it is true that people make choices, addiction is strongly influenced by environment and genetics. No one knows exactly how they will respond to a particular situation. It is time for the stigma to end. The goal of this program is to encourage people to be aware, to be connected, to be thankful for the good things in their lives and to have compassion for those whose journey has been more difficult.

Alumni in Recovery will be speaking with our students during the school day, and will return in the evening for a presentation to our parents. The program will feature several speakers, including two young men recovering from their own addiction, as well as Mr. Tom Canavan, the father of Christopher Canavan (SJR '04, who lost his battle with addiction in 2015).

Their personal, powerful stories are intended to help students and parents identify with the experiences of these speakers and thereby guide them in making positive decisions as they continue their own life's journey.

In addition, information will be available to help parents identify the warning signs of addiction and to discuss responses to those signs.

Please join us for this timely and important presentation.

Note: Members of the Class of 2018 and their parents are invited to join us for a pizza dinner prior to the meeting, from 6:30 p.m. to 7:30 p.m. in the Cafeteria. RSVPs are requested. More info is available on the school website.