THINK. LEAD. SERVE.
Welcome!

One key question asked by many prospective families is simply what makes SJR different?

Saint Joseph Regional High School, which begins its fifty-eighth year of excellence in Catholic education this September, prides itself on being different from other schools in several ways.

We are a smaller school where students are known individually and treated as family. Because of our small size, there are more OPPORTUNITIES for students to get involved, to participate, and to excel in their areas of interest.

We offer three academic tracks, not just college prep and honors. Our accelerated track affords qualified students the opportunity to transition to honors (and even AP) classes based on demonstrated achievement. In this way, students can maximize their academic experience and enhance their opportunities for success in college.

Our emphasis is on WELL-ROUNDEDNESS. We believe that high school should provide an experience that affirms a student’s recognized talents while providing him with opportunities to explore new ones. We encourage students to involve themselves in as many different programs (activities, arts, athletics, ministry and service) as possible.

We are a COMMUNITY of lay people committed to a FAITH-BASED program that combines instruction in Catholicism with a variety of ways to live that faith on a daily basis through charitable outreach, community service and retreat programs that develop leadership and foster Catholic values.

Principal Michael Bruno ’05 and President Kevin McNulty ’78

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Saint Joseph Regional High School Graduation Profile

Classes of 2016-2019
- Earned $74M in scholarships
- Average of $170K per student
- 87% earned at least one scholarship
27% were awarded Presidential Citations for Outstanding Academic Excellence

COLLEGE DESTINATIONS (CLASSES OF 2017-2019)

American University
Amherst College
Assumption College
Auburn University
Bard College
Barton College
Bentley University
Binghamton University
Boston College
Brown University
Bryant University
Bucknell University
Catholic University
Colgate University
College of the Holy Cross
College of William & Mary
Columbia University
Cornell University
Curry College
Delaware State University
Drexel University
Duke University
Embry-Riddle Aeronautical University
Fordham University
Georgetown University
George Washington University
Hamilton College
Harvard University
Hobart College
Howard College
Ithaca College
James Madison University
John Jay College
Lafayette College
Lehigh University
Long Island University
Louisiana State University
Manhattan College
Marist College
Marrickville College
Miami University (OH)
Michigan State University
Moorhead State University
Montclair State University
New York University
NC State University
Northeastern University
Ohio State University
Ohio University
Penn State University
Providence College
Quinnipiac University
Ramapo College
Rider University
Roger Williams University
RPI
Rutgers University
Salve Regina University
Santa Clara University
Seton Hall University
Siena College
St. Francis College (Brooklyn)
Stevens Institute of Technology
Stonehill College
Stony Brook University
Syracuse University
The College of New Jersey
Tulane University
US Military Academy
University at Buffalo
University of Alabama
University of Colorado
University of Connecticut
University of Dayton
University of Delaware
University of Florida
University of Hartford
University of Illinois
University of Massachusetts
University of New Hampshire
University of Notre Dame
University of Pittsburgh
University of Rhode Island
University of Scranton
University of South Carolina
University of Tampa
University of Vermont
University of Virginia
Vanderbilt University
Villanova University
Virginia Tech
West Virginia University
Wofford College

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Howard College
Ithaca College
James Madison University
John Jay College
Lafayette College
Lehigh University
Long Island University
Louisiana State University
Manhattan College
Marist College
Marrickville College
Miami University (OH)
Michigan State University
Moorhead State University
Montclair State University
New York University
NC State University
Northeastern University
Ohio State University
Ohio University
Penn State University
Providence College
Quinnipiac University
Ramapo College
Rider University
Roger Williams University
RPI
Rutgers University
Salve Regina University
Santa Clara University
Seton Hall University
Siena College
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Stevens Institute of Technology
Stonehill College
Stony Brook University
Syracuse University
The College of New Jersey
Tulane University
US Military Academy
University at Buffalo
University of Alabama
University of Colorado
University of Connecticut
University of Dayton
University of Delaware
University of Florida
University of Hartford
University of Illinois
University of Massachusetts
University of New Hampshire
University of Notre Dame
University of Pittsburgh
University of Rhode Island
University of Scranton
University of South Carolina
University of Tampa
University of Vermont
University of Virginia
Vanderbilt University
Villanova University
Virginia Tech
West Virginia University
Wofford College
Connecting the Dots by Edward Schwartz ’18

Being selected for an internship at Kesef Accounting proved a valuable learning experience that was supported by the knowledge that I attained in my elective at SJR. At Kesef, I assisted the owners and staff with reconciling balance sheets and reporting discrepancies, processing payments on a monthly basis, and working with accounts payable and receivable sheets.

In the classroom, Mr. FitzSimons taught me the basic foundations of accounting and then I built upon those as time went on. Because of the foundation that my class afforded me, I was able to successfully accomplish the high-level tasks that were expected of me. Additionally, I received guidance and reinforcement from Mr. Fitz as I would come into class with questions about different accounting principles I encountered at Kesef. He connected many of the concepts I was seeing at my internship with what I was learning in the classroom. I was able to simultaneously comprehend and utilize the principles needed to succeed in class and in the office.

My accounting class has made a definitive positive impact on me and my future career in accounting and finance. I was interested in the field before my class at Saint Joe’s; however, after completing this course, it reinforced my desire and determination to continue along this path. I am grateful that this elective and the internship were available to me and proud of the success that came with each.

Schwartz is attending Fordham University’s Gabelli School of Business.
WE ARE Innovators

Digital literacy at Saint Joseph Regional High School embraces the standards of the 21st Century learner. We encourage our students to be producers, rather than simply consumers, of technology and, in that process, to learn how to think critically and problem solve. All students have their own Chromebooks for use throughout the school day and at home. Content management software helps keep students on task and protects them from Internet distractions and misinformation while providing teachers with the analytics needed to formatively adjust classroom activities and plan future lessons.

I got interested in starting a custom 3D printing business as a way to utilize extra materials and to help me fund other projects that I wanted to work on.

As a freshman at SJR, I found a home with the 3D Printing Club and eventually got my own printer at home before I attended the New York Maker Faire in Queens. Through friends and social media followers, I began to accept commissions for custom prints, mostly from people needing specific pieces or parts.

Usually, I’ll ask the customer to send me concept art and ideas they have and then I can give a price quote and a time frame for completion. First, I’ll create a model and then, once approved, I’ll finalize the print. Being able to turn my passion and creativity into a successful business venture has proven rewarding and I look forward to growing even more in the future.

All freshmen and sophomores take a semester-long STEAM course, including an introduction to 3D printing.

Exploring My Creativity
by Alex Hroncich ’21

DID YOU KNOW?
SJR offers five levels of academic programming including: College Prep, Accelerated and Honors for all students in addition to AP and College Credit for juniors and seniors.
WE ARE Men of Faith

Education at Saint Joseph Regional is built around developing a deeper faith in God and emphasizing Catholic social teachings. Supported by the Marist Brothers and local parishes, SJR's campus ministry program includes prayer services, weekly masses, monthly school-wide liturgies, class retreats and leadership workshops. The program is designed to create a life-long sense of giving with no better evidence than the five dozen students and graduates who volunteer a week of their summer each year at the Marist Brothers Center at Esopus for camps for the disabled and disadvantaged.

Finding Happiness by Alejandro Zayas ’20

I never would have thought that taking service trips to Mexico and Esopus, NY would impact my life so positively. I’ve learned that helping others in need is so important and that it brings me joy. I am blessed and grateful to have these opportunities to travel and serve others. It is much more than giving people what they need; you bring happiness and memories they won’t soon forget. You are changing their lives and they are changing yours, even if you don’t notice it.

When I was in Mexico, one of our tasks was to build a goat pen. Each day after we finished work, local residents would stop by to spend time at the Marist Brothers center. I noticed how they found joy in the smallest things, such as playing soccer with us. Although we weren’t the best players, they still loved to play with us and it made their day.

While at the Mid-Hudson Summer Camp in Esopus, NY, I worked with adults with special needs and again saw happiness every day. There wasn’t a second where the campers showed a sign of boredom or negativity. They loved to perform in the evening talent shows by dancing with all their energy and singing as loud as they could.

These are experiences that I will never forget. They have motivated me to go out and do more. It shows you how much you don’t know about the world, and how much there is to do to help people.

Covenant House Sleep Out

SEPTEMBER
Freshman Community Weekend

OCTOBER
Halloween Candy Drive
Covenant House Sleep Out

NOVEMBER
Marist Youth Encounter Weekend
Thanksgiving Food Drive

DECEMBER
Senior Service Day
Community Christmas Carol
Toiletry Drive for Homeless

JANUARY
Marist Youth Encounter Weekend
Catholic Schools Week

MARCH
Blood Drive
Marist Youth Encounter Weekend

APRIL
Marist Youth Encounter Weekend
Baby Supplies Drive

MAY
Marist Youth Leadership Gathering

SUMMER
Mission Trips
USA: Baltimore, West Virginia
International: Mexico
Mid-Hudson Valley Camp
Marist Brothers Center at Esopus
WE ARE Champions

The only thing better than pulling on that SJR jersey for the first time is holding up the trophy at the end of the season. The Green Knights have a long-established history of athletic excellence and are reigning champions in football, hockey, lacrosse and wrestling. With success comes opportunity; our teams have performed at a high level on the local, regional and national stages and our alumni proudly continue that tradition. With more than five dozen Green Knights currently playing at the NCAA level, SJR is a place where you can develop the skills in the classroom and on the field that will help you achieve your future goals.

In August, I had the opportunity to travel with my teammates to San Diego for the Honor Bowl. We also visited the place where they train Navy SEALs and Camp Pendleton, a base for Marines. At Camp Pendleton, we heard from Mrs. Schumacher, a Gold Star mother - this means that she lost her son in combat. Her son was killed in an explosion in Afghanistan.

To see what she has gone through and to see her strong will left an impression on me. Mostly it taught me not to take things for granted. We “battle” on the football field, but there are people out there fighting for our country and they have families worrying about them every day. I never had the opportunity to do anything like it before and you could feel the difference in the locker room before our game out there. The experience taught us not to be selfish, to help each other out. On Saturday, we felt more like a unit, like we were looking out for each other. Coming back to NJ with a victory felt good too!

Estime (120 yards, 1 TD) was named MVP of the Honor Bowl as SJR defeated JSerra Catholic, 24-13.

An Eye-Opening Experience by Audric Estime ’21

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Athletic Offerings

FALL
Cross Country Nick DeVito ’97
Football Augie Hoffmann ’99
Soccer Christian Vlahinich ’07

WINTER
Basketball Michael Doherty ’82
Bowling Nick Delahanty ’11
Hockey Larry Mahurter ’87
Track & Field Nick DeVito ’97
Wrestling Tom Farinaro

SPRING
Baseball Mark Cieslak P ’13
Golf Kevin Rooney ’02
Lacrosse Daniel DaPonte
Track & Field Nick DeVito ’97
Tennis Jason Dates

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WE ARE Stars

Saint Joseph Regional continues to develop the gifts and talents of its students through its performing arts program. The theater program has been nationally recognized by USA Today; it is considered one of the premier programs in the area. Between the cast, stage crew and production team, more than 50 members of the student body are involved in the performing arts. St. Joe’s is also home to a remarkable school chorus and band, both of which are showcased at our annual Christmas Concert and Cabaret Knight. The band also plays at our Fashion Show and the chorus lends its voice to all of our liturgical celebrations.

Singing for the Future by Marc Rivera ’20

As a member of the SJR Performing Arts program, I perform in the winter musical and spring play, sing in the chorus, and attend the Broadway Theater Workshops at SJR in the summer. Along the way, I have had the chance to create lifelong friendships, earn scholarships and experience working with Broadway professionals while learning skills I will use forever.

But the biggest opportunity that came about through the Performing Arts program is being represented by a talent agent. It started for me when an agent expressed interest in my work after a showcase during the Broadway Theater Workshops summer camp in 2016.

Abrams Artists Agency has represented me ever since and has sent me to many auditions, through which I've received multiple callbacks. Beyond auditioning for movies, TV shows and musicals, having an agent has given me the opportunity to meet and work with industry professionals on a regular basis while still in high school.

None of this would have been possible if it weren’t for the training I received while at SJR. Whether it is rehearsing for a show or going to a voice lesson, I am continuously working on my craft in order to open up more doors in the future. Even though I’m just starting out, I owe all of my opportunities of working professionally in theater to the work at St. Joe’s.
WE ARE Brothers

When asked to describe SJR, one word comes back more often than any other from our students and alumni: brotherhood. That intangible quality that comes from a shared experience is so strong at Saint Joe’s that many alumni remain close friends through life, serving as best men at weddings, getting together annually and reminiscing about their high school years. Current students enjoy that same sense of brotherhood through shared experiences and activities. No matter what your interest may be, you’ll find something for you at Saint Joseph Regional High School.

Awards & Recognition

- The Guardian, our school newspaper, has been recognized by the ASPA each year since 2014.
- Aegis, our school yearbook, was featured in Josten’s LookBook 2019.
- The SJR Robotics team has advanced through to the VEX NJ State Tournament as well as the National VEX Competition.

SJR Clubs

- 3D Printing
- Adopt-A-Grandparent
- Aegis (Yearbook)
- Art Club
- Band
- Chess Club
- Chorus
- Drum Club
- Ecology Club
- Executive Ambassadors
- Fishing Club
- French Club
- French National Honor Society
- Gaming Club
- Guardian (Newspaper)
- Intramural Olympiad
- Irish Heritage Society
- KnightCast Media Club
- Lighting Crew
- MakerSpace
- Math Club
- National Honor Society
- Prayer Club
- Pre-Law Club
- Quiz Knights
- Respect Life Club
- Robotics
- Social Action Alliance
- Sound Crew
- Spanish Club
- Spanish National Honor Society
- Spikeball Club
- Stage Crew
- Student Council
- UNICO A.C.E.S.

Finding Another Set of Brothers by Connor Greico ’19

My siblings and I grew up in a family that prioritized faith as well as education and so it was inevitable that I went to a parochial high school. I am grateful that my family made a commitment and investment to send me, along with my two brothers, to SJR.

Most everyone’s first day of high school is scary, but mine wasn’t. Beyond knowing my two blood brothers, I already had 28 additional brothers because football practice had started in the summer. By the first few weeks of school, I had 125 brothers and, by the end of the school year, I had more than 500! Although my mom is amazing, she did not give birth to all these boys. Some are short, tall, black, brown, white, into music, into sports, into science; it does not matter other than we all go to SJR as well as bleed green and gold!

The people and the camaraderie are what separates SJR from other schools. You see it in the classroom, in the community, on stage or on the field. It can be at the food bank or at Esopus, but one thing is certain: we live as brothers and as the “Vir Fidelis,” the faithful man.

The brotherhood only grows upon graduation. When I received a football scholarship offer to Rutgers, I got a text from New England Patriots Devin and Jason McCourty (SJR ’05, RU ’09) to congratulate me! This is one of the reasons why I value more than ever surrounding myself with individuals that are on the same path and mission. People that are humble, value relationships and are willing to serve. People that strive to be better sons, men, and, someday, husbands and fathers, but always brothers.
Connecting to the Real World by Nick Taiken '17

During my senior year at SJR, I took an opportunity to register for a new Engineering course offering. We were challenged throughout the year with different projects, highlighting many facets of engineering from mechanical to civil to biomedical.

For the first semester in my final year, I earned a position through SJR’s internship program at Multiphase Electrical Services, which is owned by Mr. Dan Kelly ’87. It was great to see every day application of classroom learning through my internship. I would learn specific principles during class and then apply them to real-world scenarios after school at Multiphase.

I decided to continue on an engineering path at UConn, majoring in biomedical engineering as a freshman. In 2018, I was able to once again use connections from Green Knights to secure an internship at Becton Dickinson (BD) in Franklin Lakes. Mr. Jude Cancellieri ’93 is a Senior R&D Manager with BD and he spoke to my class at Career Day. He helped me through the application process and I got started shortly thereafter.

I am able to use the fundamentals I learned in the classroom and the real-world scenarios I first encountered at Multiphase to assist in the production of various types of medical instruments and reagents, varying from syringes to drug transfer devices. SJR’s engineering class led me to a great internship, which will continue to provide learning experiences and networking opportunities for my future.

Connecting to the Real World by Nick Taiken '17

WE ARE Successes

The most important thing any school can do for its students is to prepare them for the next step in life. Our alumni have gone on to success in a variety of fields with our most recent grads studying at top-ranked institutions of higher learning. More than four out of five students are graduating with at least one scholarship offer, opening up a host of options for their future. This is due in no small part to the opportunities for growth they are afforded while at SJR, including our corporate internship program which enables seniors to gain real world experience before they leave high school.
Transportation Options

New Jersey

FREE DIRECT BUSING
Students residing in the following districts are currently receiving FREE DIRECT busing:

- Allendale
- Emerson
- Ho-Ho-Kus
- Mahwah
- Saddle River
- Waldwick
- Westwood Regional

PRIVATE BUSING
Students residing in (or bordering) the following towns are currently receiving PRIVATE busing:

- Allendale
- Emerson
- Ho-Ho-Kus
- Mahwah
- Saddle River
- Waldwick
- Westwood Regional

TRANSPORTATION REIMBURSEMENT
Students residing in the following districts are currently receiving TRANSPORTATION REIMBURSEMENT busing:

- Allendale
- Emerson
- Ho-Ho-Kus
- Mahwah
- Saddle River
- Waldwick
- Westwood Regional

Rockland County

FREE DIRECT BUSING
All Rockland County School Districts provide FREE DIRECT BUSING to and from St. Joseph Regional High School.

- Clarkstown Central
- East Ramapo Central
- Haverstraw-Stony Point Central
- Nanuet Union Free
- Nyack Union Free
- Pearl River Union Free
- South Orangefilter
- Suffern Central

Other Districts

EXEMPT DISTRICTS
Most other New Jersey Districts are considered ‘exempt’ because they do not provide busing nor reimbursement to non-handicapped students attending their own public schools. Parents residing in these districts may have the opportunity to contract for private busing. However, these families will have to bear the full cost of transportation. Saint Joseph Regional High School can assist parents with arranging transportation for those students whose towns do not provide busing.

DON'T SEE YOUR TOWN?
Ask us. We're happy to try to coordinate with other families. SJR students come from 132 different towns during the 2019-2020 school year. There is a good chance someone from your hometown is enjoying their SJR experience and might be willing to car pool to ease the burden of transportation.

Campus Facilities

Past Upgrades

$5M IN ENHANCEMENTS
The past decade has seen significant upgrades throughout the SJR campus with more than $5 million spent to enhance the student experience for our Green Knights.

- Renovated Media Center
- Gymnasium & Locker Room Renovation
- Resurfacing of All-Purpose Field Turf (Football/Lacrosse/Soccer)
- Science Lab Renovation (Phases 1 & 2)
- Resurfacing of North & South Parking Lots
- Construction of All-Purpose/Wrestling Room
- Front Lobby Restroom Renovation
- Installation of Digital Message Board
- Creation of Inserra Performing Arts Rehearsal Studio

Future Projects

CAPITAL CAMPAIGN
The future is bright at SJR, made brighter by the new facade that will soon greet visitors and students alike at SJR.

- A new arched sign and entrance that would include a security vestibule and a reception office for all students and visitors
- A revamped Main Office Suite
- A freshly-developed Commons adjacent to the main lobby that would open into a newly landscaped courtyard
- A streamlined look to the entire front façade of the school
- A new President’s Suite office space and conference room
- An Admissions Suite including a conference room
- A re-envisioned Athletic Suite with a trophy case and conference room meeting space