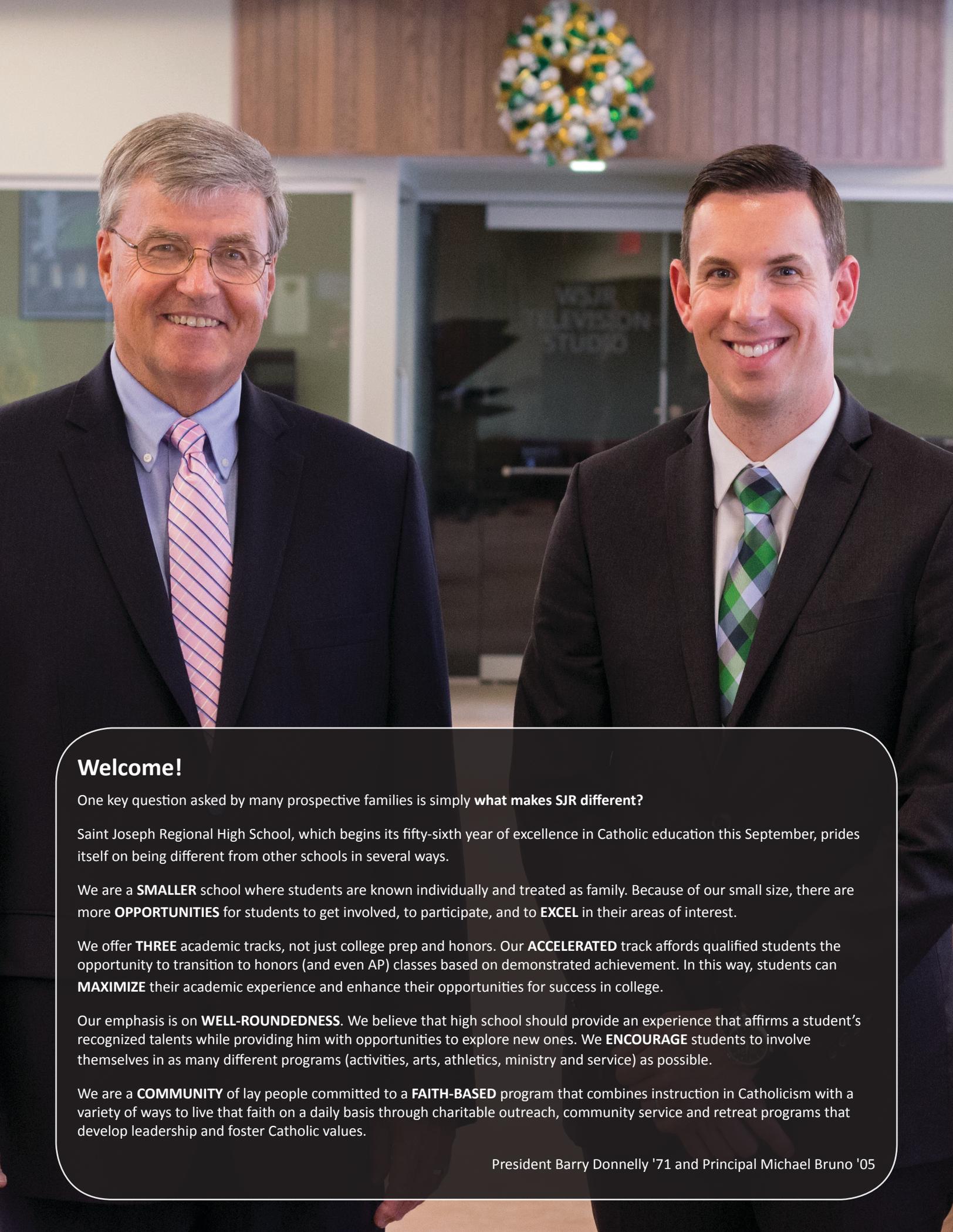




**MAKING HISTORY,
BUILDING FUTURES**



Welcome!

One key question asked by many prospective families is simply **what makes SJR different?**

Saint Joseph Regional High School, which begins its fifty-sixth year of excellence in Catholic education this September, prides itself on being different from other schools in several ways.

We are a **SMALLER** school where students are known individually and treated as family. Because of our small size, there are more **OPPORTUNITIES** for students to get involved, to participate, and to **EXCEL** in their areas of interest.

We offer **THREE** academic tracks, not just college prep and honors. Our **ACCELERATED** track affords qualified students the opportunity to transition to honors (and even AP) classes based on demonstrated achievement. In this way, students can **MAXIMIZE** their academic experience and enhance their opportunities for success in college.

Our emphasis is on **WELL-ROUNDEDNESS**. We believe that high school should provide an experience that affirms a student's recognized talents while providing him with opportunities to explore new ones. We **ENCOURAGE** students to involve themselves in as many different programs (activities, arts, athletics, ministry and service) as possible.

We are a **COMMUNITY** of lay people committed to a **FAITH-BASED** program that combines instruction in Catholicism with a variety of ways to live that faith on a daily basis through charitable outreach, community service and retreat programs that develop leadership and foster Catholic values.

President Barry Donnelly '71 and Principal Michael Bruno '05

#WeAreSJR



On the pages that follow, our students, faculty and alumni will describe—in their own words—the many positive and varied ways in which Saint Joseph Regional has shaped them and led them on a path to success. Through academics, technology, ministry, athletics, performing arts, activities and brotherhood, St. Joe's is a dynamic environment designed to foster excellence. We are indeed scholars, innovators, disciples, champions, stars, leaders and brothers. We are SJR.



"Welcome! I remember looking at all the area schools and truly feeling that St. Joe's would provide me with the ability to be as versatile as I wanted to be while getting a great education. I was right! I hope you too find your way at SJR and join the **brotherhood**. If you have any questions, shoot me an email or message me on Instagram."

- Patrick Buckley '19 (River Edge, NJ)
buckleyp19@sjrnj.org
IG: patrick.buckley



"SJR has been my second home for twenty-two years and will always be an influential part of my life. We pride ourselves on fostering the growth of students from all different backgrounds and teaching them what it means to live as *Vir Fidelis*—the faithful man. My time as a student, alumnus, faculty member and coach has taught me that every Green Knight, past and present, is **family**. I'm proud to be a part of that tradition, and honored to teach it to our future. Please don't hesitate to ask any questions if I can be of help during your decision making process."

- Dan Davis '99 (Sparkill, NY)
Theology Teacher,
Golf/Asst. Basketball Coach
david@d@sjrnj.org



"Welcome to St. Joe's, a place where young men come together to **learn, compete and grow**. My three sons graduated from here and formed friendships that will last a life time. Each of my boys was prepared to move confidently into the future. My oldest is a practicing physical therapist, and my younger two are studying and competing at Duke University. My husband and I are grateful for the love, support, guidance and encouragement the boys received and continue to receive from the SJR community! If you have any questions, please don't hesitate to ask."

- Lynn Giles-Harris (Nyack, NY)
Alumni Parent '09, '15, '16
lynn219@verizon.net

"Your faith and spirit are developing through your high school years, as is the rest of your life. There is no better place to be during this time than St. Joe's—a friendly, supportive, and caring environment filled with **learning and laughter**. You'll make life long friends here that will undoubtedly make your high school journey one to remember. If, during your decision-making process, I can be of any assistance or if you have any questions, please ask."



- Brother John Dunning (Bayonne, NJ)
Guidance Counselor
dunningj@sjrnj.org



"Welcome to SJR! In front of you are the best years of your life. St. Joe's will provide you with a great education along with tools and skills that you will need in your very bright future. You will create **friendships** and relationships that will truly last a life time. If you have any questions or concerns, please feel free to contact me whenever you need."

- Anthony Panissidi '20 (Maywood, NJ)
panissidia20@sjrnj.org
IG: anthony.panissidi



Connecting the Dots by Edward Schwartz '18

Being selected for an internship at Kesef Accounting proved a valuable learning experience that was supported by the knowledge that I attained in my elective at SJR. At Kesef, I assisted the owners and staff with reconciling balance sheets and reporting discrepancies, processing payments on a monthly basis, and working with account payable and receivable sheets.

In the classroom, Mr. FitzSimons taught me the basic foundations of accounting and then built upon those as time went on. Because of the foundation that my class afforded me, I was able to successfully accomplish the high-level tasks that were expected of me. Additionally, I received guidance and reinforcement from Mr. Fitz as I would come into class with questions about different accounting principles I encountered at Kesef. He connected many of the concepts I was seeing at my internship with what I was learning in the classroom. I was able to simultaneously comprehend and utilize the principles needed to succeed in class and in the office.

My accounting class has made a definitive positive impact on me and my future career in accounting and finance. I was interested in the field before my class at Saint Joe's; however, after completing this course, it reinforced my desire and determination to continue along this path. I am grateful that this elective and the internship were available to me and proud of the success that came with each.

Schwartz is attending Fordham University's Gabelli School of Business.

WE ARE *Scholars*



As a college preparatory high school that boasts a 100% college acceptance rate among its graduates, Saint Joseph Regional High School has justly earned its reputation for academic excellence. Our program of studies, with its three academic tracks, challenges and encourages students in their academic work. As upperclassmen, students can earn college credit through Advanced Placement courses and an ongoing partnership with St. Peter's University in Jersey City. SJR utilizes Educere, a distance learning consortium that enables students to take online courses in specialized subject areas.



PRESIDENT
NATIONAL
HONOR SOCIETY

EAGLE SCOUT

MARIST BROTHERS
CENTER AT ESOPUS
VOLUNTEER

**NATIONAL MERIT
SCHOLAR**

**TOP 1%
ACT**

ATHLETE
SOCCER, TENNIS

CLASS OF 2018

JOHN

TYRIE

NEW CITY, NY

TRUMPET
SJR BAND

UNIVERSITY OF
NOTRE DAME
CLASS OF 2022

**ST. JOSEPH
MEDAL**

**STAGE
CREW**

WE ARE *Innovators*



Digital literacy at Saint Joseph Regional High School embraces the standards of the 21st Century learner. We encourage our students to be producers, rather than simply consumers, of technology and, in that process, to learn how to think critically and problem solve. All underclassmen have their own Chromebooks for use throughout the school day and at home. Content management software helps keep students on task and protects them from Internet distractions and misinformation while providing teachers with the analytics needed to formatively adjust classroom activities and plan future lessons.



FIRST PLACE
NEW JERSEY STEM CHALLENGE
DESTINATION
IMAGINATION

iD STEM
CAMP
@ MIT

TOSHIBA | NSA
ExploraVision
HONORABLE MENTION
TECHNOLOGY & DESIGN

Camp Invention
COUNSELOR

MEMBER
MOCK TRIAL,
ROBOTICS,
GOLF

NEW JERSEY
VEX ROBOTICS
STATE FINALS

SJR KNIGHT
AMBASSADOR

JUNIOR
CHRIS
FLUG
OAKLAND, NJ

A Blended Curriculum by Maryellen Grillo and Margaret Sullivan

Beginning with in the fall of 2018, our overarching maker-mentality will encompass the entire school. Graphic coding, pre-engineering concepts, computer-aided design (CAD), cybersafety and security are some of the topics to be investigated during a full semester-long STEAM program designed for freshmen and sophomores.

The goal is student mastery of tech tools and Chromebooks which will assist teachers in differentiating activities by providing more project-based opportunities. This STEAM program lays the groundwork for the maker-mentality mindset. Success is contingent upon teacher collaboration and lessons using tech tasks and skills acquired during the course. The science department will include a variety of STEAM activities, while math concepts will be blended into school-wide learning. Proper research skills, Internet savviness, and writing will be spearheaded by the English and language arts departments, but used throughout the school curriculum.

Through cross-curricula activities, students will create and present, choosing the tools that best fit their learning styles. Presenting projects aid in sharing knowledge as well as helping students develop presentation and public speaking skills. Technology literacy spread throughout the curriculum will serve SJR students well as they transition into adulthood, college, the workforce and beyond.



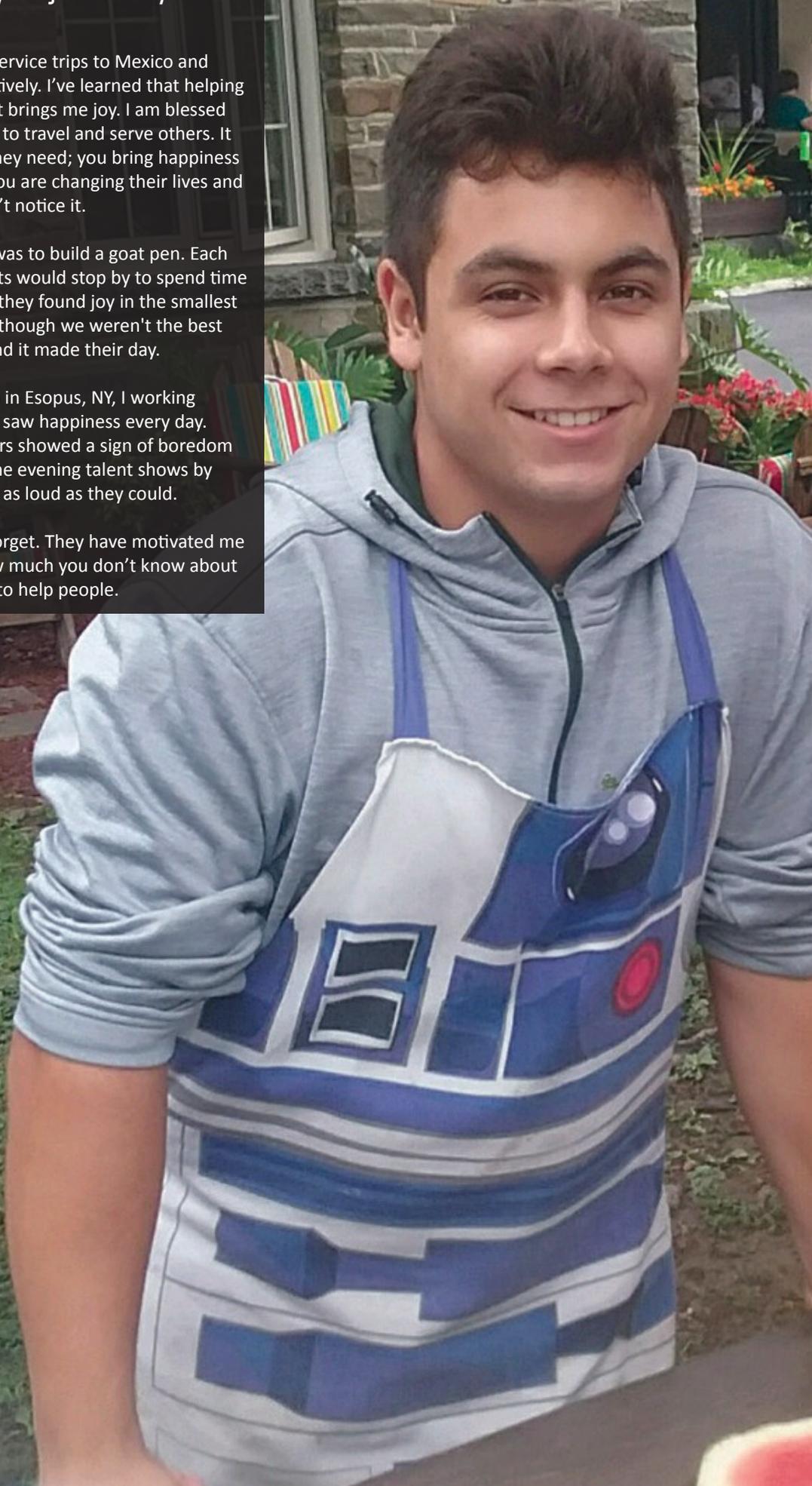
Finding Happiness by Alejandro Zayas '20

I never would have thought that taking service trips to Mexico and Esopus, NY would impact my life so positively. I've learned that helping others in need is so important *and* that it brings me joy. I am blessed and grateful to have these opportunities to travel and serve others. It is much more than giving people what they need; you bring happiness and memories they won't soon forget. You are changing their lives and they are changing yours, even if you don't notice it.

When I was in Mexico, one of our tasks was to build a goat pen. Each day after we finished work, local residents would stop by to spend time at Marist Brothers center. I noticed how they found joy in the smallest things, such as playing soccer with us. Although we weren't the best players, they still loved to play with us and it made their day.

While at the Mid-Hudson Summer Camp in Esopus, NY, I working with adults with special needs and again saw happiness every day. There wasn't a second where the campers showed a sign of boredom or negativity. They loved to perform in the evening talent shows by dancing with all their energy and singing as loud as they could.

These are experiences that I will never forget. They have motivated me to go out and do more. It shows you how much you don't know about the world, and how much there is to do to help people.





WE ARE *Disciples*



Education at Saint Joseph Regional is built around developing a deeper faith in God and emphasizing Catholic social teachings. Supported by the Marist Brothers and local parishes, SJR's campus ministry program includes prayer services, weekly masses, monthly school-wide liturgies, class retreats and leadership workshops. The program is designed to create a life-long sense of charity with no better evidence than the five dozen students and graduates who volunteer a week of their summer each year at the Marist Brothers Center at Esopus at camps for the disabled and disadvantaged.



STUDENT COUNCIL
VP

MISSION TRIPS
BOSTON,
CHICAGO

ARCHDIOCESE OF NEWARK
YOUTH DISCIPLESHIP
AWARD

ST. JOSEPH
AWARD
(254 SERVICE HOURS)

BAUSCH & LOMB
SCIENCE MEDAL

SENIOR
CONNOR
TSIKITAS
BLOOMFIELD, NJ

WEST POINT

SUMMER LEADERSHIP
EXPERIENCE

VOLUNTEER
MID-HUDSON
SUMMER CAMP
MARIST BROTHERS
CENTER AT ESOPUS

ATHLETE
CROSS COUNTRY, WRESTLING

NATIONAL & FRENCH
HONOR SOCIETIES

WE ARE *Champions*



The only thing better than pulling on that SJR jersey for the first time is holding up the trophy at the end of the season. The Green Knights have a long-established history of athletic excellence and are the reigning league champions in hockey and lacrosse. With success comes opportunity; our teams have performed at a high level on the local, regional and national stages and our alumni proudly continue that tradition. With more than five dozen Green Knights currently playing at the NCAA level, SJR is a place where you can develop the skills in the classroom and on the field that will help you achieve your future goals.



FOOTBALL

STATE CHAMPION

FIRST TEAM ALL-COUNTY
HONORABLE MENTION ALL-STATE

WRESTLING

SECOND TEAM ALL-LEAGUE
HONORABLE MENTION ALL-COUNTY

LACROSSE

JACOBSEN DIVISION
CHAMPION

JUNIOR

LUKE
WYPLER

HO-HO-KUS, NJ

SJR UNICO
SERVICE CLUB



PRINCIPAL'S LIST



An Eye-Opening Experience by Kevin Jaffe '19

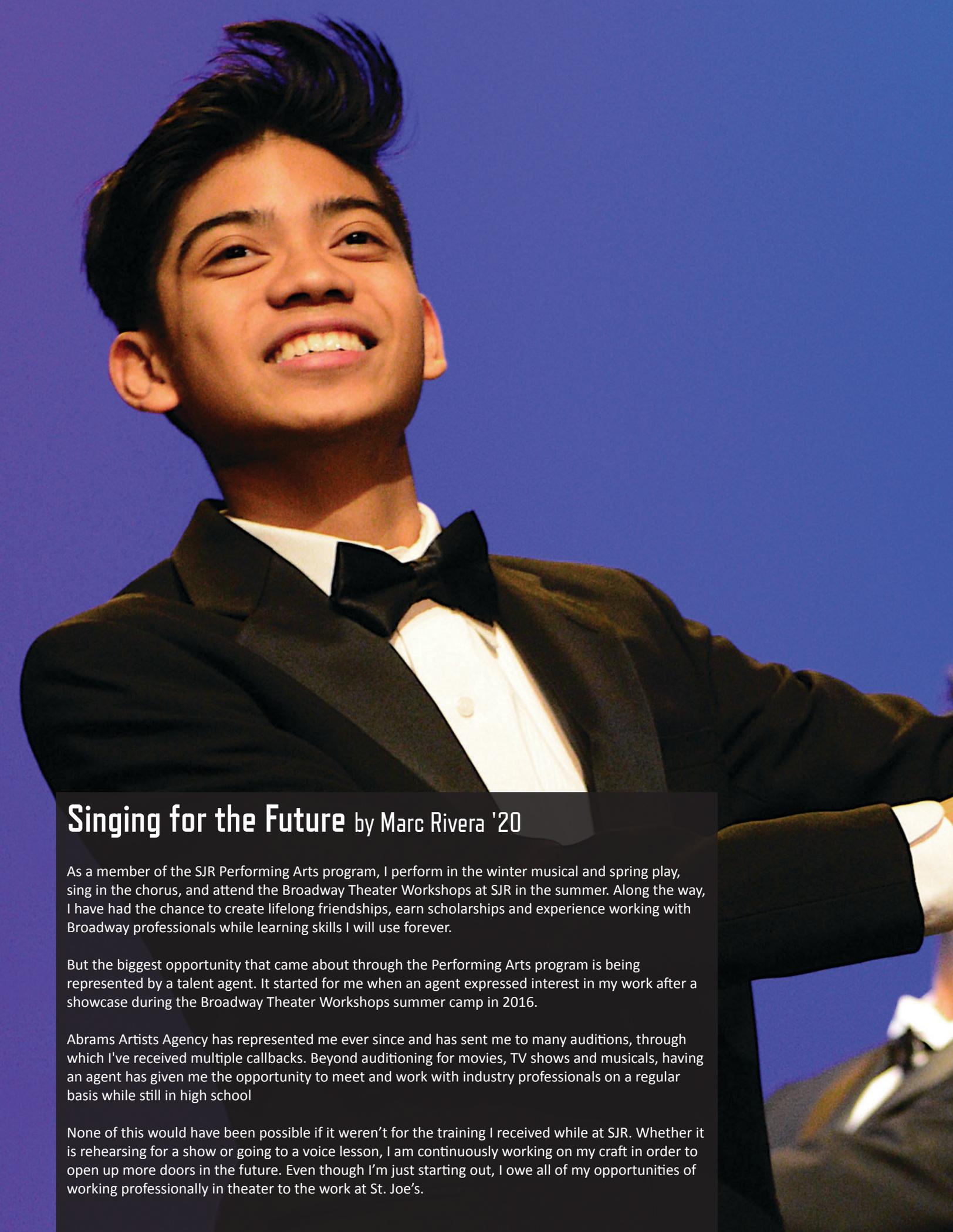
One of the most memorable experiences as a student-athlete at SJR was our lacrosse "home opener" last season which we played at the United States Military Academy at West Point.

It was great to win the game (8-4 over Wayne Hills), but the experience went beyond just a normal lacrosse game for me and my teammates. That is what makes West Point a special place.

The trip enabled us to see what the real sacrifice is for one another. We got to see where our future servicemen and women train to become the next generation of fighters and protectors for our country.

A key part of the day was the opportunity to take in Army West Point's lacrosse game against Bucknell University before we played our game. As a lacrosse player, the hard work I put in to getting better each day is time-consuming and demanding. Now, imagine playing lacrosse at the collegiate level while training as a cadet in the United States Army!

It was inspiring to think about the commitment of these student-athletes as they served our country, something we got to see first-hand on our trip. SJR has brought these life-learning opportunities to me and continues to make me a better man and lacrosse player.



Singing for the Future by Marc Rivera '20

As a member of the SJR Performing Arts program, I perform in the winter musical and spring play, sing in the chorus, and attend the Broadway Theater Workshops at SJR in the summer. Along the way, I have had the chance to create lifelong friendships, earn scholarships and experience working with Broadway professionals while learning skills I will use forever.

But the biggest opportunity that came about through the Performing Arts program is being represented by a talent agent. It started for me when an agent expressed interest in my work after a showcase during the Broadway Theater Workshops summer camp in 2016.

Abrams Artists Agency has represented me ever since and has sent me to many auditions, through which I've received multiple callbacks. Beyond auditioning for movies, TV shows and musicals, having an agent has given me the opportunity to meet and work with industry professionals on a regular basis while still in high school.

None of this would have been possible if it weren't for the training I received while at SJR. Whether it is rehearsing for a show or going to a voice lesson, I am continuously working on my craft in order to open up more doors in the future. Even though I'm just starting out, I owe all of my opportunities of working professionally in theater to the work at St. Joe's.

WE ARE *Stars*



Saint Joseph Regional continues to develop the gifts and talents of its students through its performing arts program. The theater program has been nationally recognized by *USA Today*; it is considered one of the premier programs in the area. Between the cast, stage crew and production team, more than 50 members of the student body are involved in the performing arts. St. Joe's is also home to a remarkable school chorus and band, both of which are showcased at our annual Christmas Concert and Cabaret Knight. The band also plays at our Fashion Show and the chorus lends its voice to all of our liturgical celebrations.

**NATIONAL
HONOR SOCIETY**
TRI-M MUSIC & FRENCH
HONOR SOCIETIES

CHAMPION
BIG NORTH UNITED
POLE VAULT

ART CLUB, BAND
CHORUS, MODEL UN,
TRACK & FIELD,
WSJR

WINNER
**CLARKSON
UNIVERSITY**
ACHIEVEMENT AWARD

SENIOR
**LUKE
BERNINGER**
WAYNE, NJ

\$15K
FUDGE-RAISER FOR
FACES
EPILEPSY RESEARCH

GUARDIAN
VIDEO EDITOR

NOMINEE
BEST LEAD ACTOR
PAPER MILL PLAYHOUSE
METROPOLITAN THEATER AWARDS
CATCH ME IF YOU CAN

NOMINEE
BEST ACTING PERFORMANCE
METROPOLITAN THEATER AWARDS
CURTAINS



WE ARE *Achievers*



St. Joe's provides a variety of clubs and activities to cater to a wide range of student interests. A number of activities and events are planned and directed by the Student Council and its committees. Each of these clubs provides an opportunity for students to enjoy unique experiences, after school activities, off-campus trips and community building. SJR is also host to the only high school UNICO service chapter in the United States. No matter what your interest may be, you'll find something for you at Saint Joseph Regional High School.



SECRETARY/TREASURER
STUDENT COUNCIL

BARITONE HORN
SJR BAND

MARIST BROTHERS
CENTER AT ESOPUS
VOLUNTEER

**LITURGICAL
MINISTER**

ROBOTICS
TEAM MEMBER

SENIOR
**FRANKLYN
FALBY**
PARK RIDGE, NJ

PING PONG
CLUB PRESIDENT

ATHLETE
SOCCER, TENNIS

INTERN





Exploring My Creativity

by Alex Hroncich '21

As a freshman, I found a home with the SJR 3D Printing Club. The 3D Printing Club gives us the resources to make cool trinkets and other items. The CAD software is easy to use and fun to experiment with after school. The 3D printers are also simple to use and do a good job at making quality prints.

The club teaches us engineering skills, creativity, and problem solving skills while creating models and prototypes. We also use money management skills. For example, we sold Christmas ornaments during December that helped fund the purchase of additional filament for the machines.

The 3D Printing Club allows me to express my creativity and work on personal projects like props and models. I like recreating movie and video game items and turning them into life size props. I also enjoy making and printing out sculptures. What you can make using 3D printing technology is truly amazing.

All freshmen and sophomores now take a semester-long STEAM course, including an introduction to 3D printing.

DREMEL



Finding Another Set of Brothers by Connor Grieco '19

My siblings and I grew up in a family that prioritized faith as well as education; it was inevitable that I went to a parochial high school. I am grateful my family made a commitment and investment to send me, along with my two brothers, to SJR.

Most everyone's first day of high school is scary, but mine wasn't. Beyond knowing my two blood brothers, I already had 28 additional brothers because football practice had started in the summer. By the first few weeks of school, I had 125 brothers and, by the end of the school year, I had more than 500! Although my mom is amazing, she did not give birth to all these boys. Some are short, tall, black, brown, white, into music, into sports, into science; it does not matter other than we all go to SJR as well as bleed green and gold!

The people and the camaraderie are what separates SJR from other schools. You see it in the classroom, in the community, on stage or on the field. It can be at the food bank or the Marist Brothers Center at Esopus, but one thing is certain: we live as brothers and as the "Vir Fidelis," the faithful man.

It's sad to think I only have a short time left at SJR, but I know that the brotherhood only grows upon graduation. When I received a football scholarship to Rutgers, I got a text from New England Patriots Devin and Jason McCourty (SJR '05, RU '09) to congratulate me! This is one of the reasons why I value more than ever surrounding myself with individuals that are on the same path and mission. People that are humble, value relationships and are willing to serve. People that strive to be a better sons, men, and, someday, husbands and fathers, but always brothers.



WE ARE *Brothers*



When asked to describe SJR, one word comes back more often than any other from our students and alumni: brotherhood. That intangible quality that comes from a shared experience is so strong at Saint Joe's that many alumni remain close friends through life, serving as best men at weddings, getting together annually and reminiscing about their high school years. Current students enjoy that same sense of brotherhood through shared experiences at Freshmen Field Day and Freshmen Community Weekend at the Marist Brothers Center at Esopus in September. The camaraderie continues in the halls each and every day.

STUDENT COUNCIL
PRESIDENT

EDITOR-IN-CHIEF
THE GUARDIAN
NEWSPAPER

GEORGE EASTMAN
YOUNG LEADERS
AWARD

VOLUNTEER
MID-HUDSON
SUMMER CAMP
MARIST BROTHERS
CENTER AT ESOPUS

SJR CHORUS
MEMBER

INTERN
DUNKIN'
DONUTS

SENIOR
**KIERAN
WOODS**
PEARL RIVER, NY

TEAMMATE
SOCCER, TRACK & FIELD

NATIONAL
HONOR SOCIETY
TRI-M MUSIC & FRENCH
HONOR SOCIETIES



WE ARE *Successes*



The most important thing any school can do for its students is to prepare them for the next step in life. Our alumni have gone on to success in a variety of fields with our most recent grads studying at top-ranked institutions of higher learning. More than four out of five students are graduating with at least one scholarship offer, opening up a host of options for their future. This is due in no small part to the opportunities for growth they are afforded while at SJR, including our corporate internship program which enables seniors to gain real world experience before they leave high school.

**JAMES KENT
SCHOLAR**

JURIS DOCTOR



COLUMBIA
LAW SCHOOL

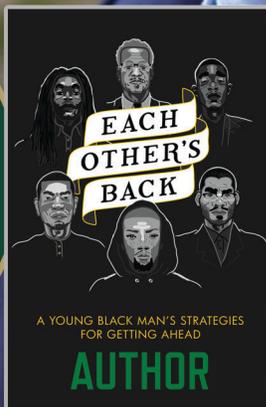
**FOUNDER
EVANS
& COMPANY**

**CORPORATE ASSOCIATE
WLRK**

WACHTELL, LIPTON, ROSEN & KATZ

FORMER
INTERN
ONLINE SALES
& OPERATIONS
Google

CLASS OF 2007
**MALCOLM
EVANS**
NEW YORK, NY



VOLUNTEER
SPONSORS FOR
EDUCATIONAL
OPPORTUNITY

WHARTON
BUSINESS SCHOOL
 Penn





Connecting to the Real World by Nick Tauken '17

During my senior year at SJR, I took an opportunity to register for a new Engineering course offering. We were challenged throughout the year with different projects, highlighting many facets of engineering from mechanical to civil to biomedical.

For the first semester in my final year, I earned a position through SJR's internship program at Multiphase Electrical Services, which is owned by Mr. Dan Kelly '87. It was great to see every day application of classroom learning through my internship. I would learn specific principles during class and then apply them to real-world scenarios after school at Multiphase.

I decided to continue on an engineering path at UConn, majoring in biomedical engineering as a freshman. This summer, I was able to once again use connections from Green Knights to secure an internship at Becton Dickinson (BD) in Franklin Lakes. Mr. Jude Cancellieri '93 is a Senior R&D Manager with BD and spoke to my class at Career Day. He helped me through the application process and I got started in June.

I am able to use the fundamentals I learned in the classroom and the real-world scenarios I first encountered at Multiphase to assist in the production of various types of medical instruments and reagents, varying from syringes to drug transfer devices. SJR's engineering class led me to a great internship, which will continue to provide learning experiences and networking opportunities for my future.



Saint Joseph Regional High School
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